

ABSTRAK

Gabriela Erika Putriadi. (12120110024). PERAN KEMATANGAN EMOSI DAN TIPE KEPERIBADIAN EKSTROVER-INTROVER TERHADAP KECENDERUNGAN *AGGRESSIVE DRIVING* PADA PENGENDARA MOTOR USIA REMAJA DI SURABAYA. Skripsi. Sarjana Strata 1. Surabaya : Fakultas Psikologi Universitas Pelita Harapan Surabaya (2014)

Tingkat kecelakaan kendaraan bermotor di kota Surabaya semakin meningkat pada saat ini. Hampir 85% kejadian kecelakaan disebabkan oleh faktor pengemudi. Pengemudi usia remaja paling banyak menampilkan perilaku *aggressive driving*. Perilaku menyalip, menerobos lampu merah, dan mengambil jarak terlalu dekat merupakan contoh perilaku agresif dalam berkendara. Kematangan emosi diduga terkait erat dengan perilaku *aggressive driving*. Tipe kepribadian pun turut mempengaruhi individu dalam berpikir dan bertindak. Tujuan penelitian ini adalah untuk mengetahui besarnya pengaruh kematangan emosi dan tipe kepribadian ekstrover-introver terhadap kecenderungan *aggressive driving* pada pengendara motor usia remaja di Surabaya. Subjek dalam penelitian ini adalah 123 pengendara motor usia remaja di Surabaya. Metode yang digunakan adalah metode kuantitatif dengan menggunakan Skala *Aggressive Driving*, Skala Kematangan Emosi dan Skala Tipe Kepribadian Ekstrover-Introver yang menghasilkan nilai reliabilitas $>0,60$. Data yang terkumpul diuji dengan menggunakan pengujian regresi sederhana dan berganda. Hasil penelitian menunjukkan bahwa kematangan emosi terbukti memiliki pengaruh terhadap *aggressive driving* dengan nilai *R Square* sebesar 0,229 dan nilai $p = 0,000$; $p < 0,005$. Tipe kepribadian ekstrover tidak terbukti memiliki pengaruh terhadap *aggressive driving*, hal demikian juga terjadi pada tipe kepribadian introver. Ketika diregresikan secara simultan, kematangan emosi dan tipe kepribadian ekstrover introver terbukti memiliki berpengaruh terhadap *aggressive driving*. Pengendara motor diharapkan dapat melakukan kontrol emosi saat berkendara. Pihak kepolisian juga dapat melakukan kerja sama dengan pihak sekolah untuk mengadakan kegiatan penyuluhan mengenai bahaya *aggressive driving* secara rutin untuk menimalisir tingkat kecelakaan yang terjadi.

Kata kunci : *aggressive driving*, kematangan emosi, tipe kepribadian ekstrover-introver, pengemudi motor usia remaja.

ABSTRACT

Gabriela Erika Putriadi. (12120110024). THE EFFECT OF EMOTIONAL MATURITY AND EXTROVERT-INTROVERT PERSONALITY TYPES ON AGGRESSIVE DRIVING TENDENCIES OF TEENAGE DRIVERS IN SURABAYA. Thesis. Bachelor Degree (Strata 1). Surabaya : Faculty of Psychology, Pelita Harapan University-Surabaya (2014)

The rate of motor vehicle accidents increased in Surabaya nowadays. Nearly 85% of accidents were caused by driver factors. Teenage drivers often exhibit aggressive driving behavior. Overtaking behavior, running red lights, and take the distance is too close to an example of aggressive driving behavior. Emotional maturity allegedly closely associated with aggressive driving behavior. Personality type also influences the individual in thinking and acting. The purpose of this study was to determine the influence of emotional maturity and extroverted-introverted personality types against aggressive driving tendencies by teenage drivers in Surabaya. The subjects of this study were 123 teenage drivers in Surabaya. The method used was a quantitative method by using the Scale Aggressive Driving, Emotional Maturity Scale and Scale Extrovert-Introvert Personality Type, which resulted in the value of reliability >0.60 . Data collected were tested using simple and multiple regression testing. The results showed that only the emotional maturity has an influence on aggressive driving with the value of R Square was 0.229 and $p = 0.000$; $p < 0.005$. Extrovert personality type was not shown in influencing aggressive driving, such things also occurred in introvert personality type. When regressed simultaneously, emotional maturity and extrovert-introvert personality type shown to have an influence on aggressive driving. The motor drivers need to control their emotions while driving. The police can coordinate together with the schools to conduct regular counseling about the dangers of aggressive driving in order to minimize the accident rate.

Keywords : aggressive driving, emotional maturity, extrovert-introvert personality types, teenage drivers.